

# MARIA L. VARISCO-ROGERS CHARTER SCHOOL

TEACHER \_\_\_\_\_ GRADE \_\_\_\_\_

*Maschio's Food Services*

NOVEMBER 2009

*Healthy Meals Grows Healthy Kids!*

Monday	Tuesday	Wednesday	Thursday	Friday
2 Grilled Cheese____  Grilled Chicken Caesar Salad____  Bagel Bag Meal____	3 Pasta____  Grilled Chicken Caesar Salad ____  Tuna Salad/Sandwich____	4 Fish Sticks____  Grilled Chicken Caesar Salad____  Turkey & Cheese Sandwich____	5 Egg & Cheese____  Grilled Chicken Caesar Salad____  Bagel Bag Meal__	6 Pizza____  Grilled Chicken Caesar Salad____  Tuna Salad/Roll____
9 Chicken Fryz__  Grilled Chicken Caesar Salad____  Bagel Bag Meal____	10 Hot Dog____  Grilled Chicken Caesar Salad ____  Tuna Salad Sandwich__	11 Cheeseburger____  Grilled Chicken Caesar Salad____  Turkey & Cheese Sandwich____	12 Mac & Cheese__  Grilled Chicken Caesar Salad____  Bagel Bag Meal____	13 Pizza____  Grilled Chicken Caesar Salad____  Tuna Salad/Roll____
16 Chicken Nuggets____  Grilled Chicken Caesar Salad____  Bagel Bag Meal____	17 Pasta____  Grilled Chicken Caesar Salad ____  Tuna Salad Sandwich____	18 Holiday Dinner ____  Grilled Chicken Caesar Salad____  Turkey & Cheese Sandwich____	19 French Toast____  Grilled Chicken Caesar Salad____  Bagel Bag Meal____	20 Pizza____  Grilled Chicken Caesar Salad____  Tuna Salad/Roll____
23 Taco Platter____  Grilled Chicken Caesar Salad____  Bagel Bag Meal____	24 Mozzarella Sticks____  Grilled Chicken Caesar Salad ____  Tuna Salad Sandwich____	25	26	27
30 Chicken Fryz__  Grilled Chicken Caesar Salad____  Bagel Bag Meal____				