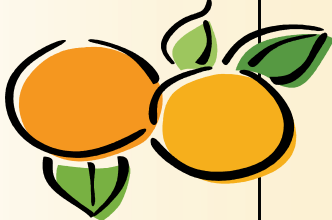
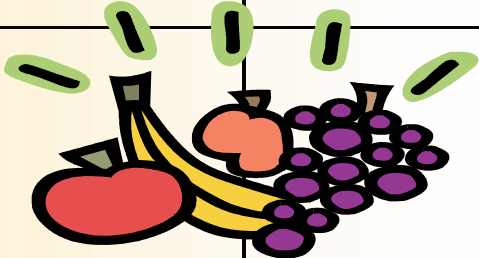


# Maria L. Varisco-Rogers Charter School

## NOVEMBER AFTER CARE SNACK

Maschio's Food Services, Inc.

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
2 RAISINS and GRAHAM CRACKERS	3 MUNCHIE MIX and GRAPE BUDDIES	4 CHEESE STICKS and FRESH APPLE	5 ORANGE WEDGES and MUNCHIE MIX	6 APPLE WEDGES and GRAHAM CRACKERS
9 RAISINS and GRAHAM CRACKERS	10 MUNCHIE MIX and GRAPE BUDDIES	11 CHEESE STICKS and FRESH APPLE	12 ORANGE WEDGES and MUNCHIE MIX	13 APPLE WEDGES and GRAHAM CRACKERS
16 RAISINS and GRAHAM CRACKERS	17 MUNCHIE MIX and GRAPE BUDDIES	18 CHEESE STICKS and FRESH APPLE	19 ORANGE WEDGES and MUNCHIE MIX	29 APPLE WEDGES and GRAHAM CRACKERS
23 RAISINS and GRAHAM CRACKERS	24 MUNCHIE MIX and GRAPE	25 CHEESE STICKS and FRESH APPLE	26 <b>Thanksgiving</b>	
30 RAISINS and GRAHAM CRACKERS				

SNACK SMART  
FOR A  
HEALTHY HEART

